

Women Veteran Maternity Wellbeing Symposium

Please join us for a 1.5 hr. event dedicated to **Women Veterans** who are considering becoming pregnant, are pregnant, or recently gave birth. Topics addressed will include:

- VA Maternity Care Resources
- Prenatal, perinatal, and postnatal mental health issues
- Mental health medication during pregnancy
- Pelvic floor physical therapy
- Nutrition during pregnancy
- And much more!

When: October 21, 2022 | 12:00 pm - 1:30 pm

Register for this event here: <https://form.jotform.com/222564994589173>

If you have questions about this event, please contact:

- Women Veteran Program Manager,
Dorothy Gouedy, 843-308-8690, ext. 424509
- Women's Mental Health Champion,
Dr. Katie Rider Munday,
843-770-0444, ext. 302235

The Women's Mental Health Champion can also be reached by sending a secure message through My HealtheVet to Women Mental Health Champion.



VA Ralph H. Johnson
VA Health Care System

